

## SUSTAINABILITY, REPLICATION AND LEGACY

Capacity building is a key focus area of the Bristol-Myers Squibb Foundation Secure the Future initiative in southern Africa. It is only by increasing the capacity of communities, medical and educational institutions and NGOs to cope with and manage the HIV/AIDS pandemic that we can ensure that interventions are sustainable, can be replicated and will leave a lasting legacy.

### Sustainability

The aim of Bristol-Myers Squibb Foundation's Community Outreach and Education Fund is to ensure that the funded programmes are sustainable. This can be achieved by building capacity in communities to enable them to continue their programmes long after Secure the Future funds provided are exhausted.

### Replication

Many of the projects will provide valuable models for other similar programmes in countries that are targeted by Secure the Future and the rest of Africa. The lessons and experience gained by the people and institutions funded by Secure the Future are enabling more people to effectively combat HIV/AIDS. A striking example of this is visible during *Learning and Sharing Conferences* and in our partnerships with various universities, churches, community groups and NGOs.

### Legacy

Finally, it is hoped that the Secure the Future Legacy will remain. Some of the programmes, for example, have taken initiatives to form partnerships with other funders or programmes to ensure continuity.

## A WORD FROM THE PRESIDENT OF THE BRISTOL-MYERS SQUIBB FOUNDATION

May 6, 2002 marked the third year of Bristol-Myers Squibb Foundation Community Outreach and Education Fund initiative. The various projects we are funding are well on track, and our commitment to enhancing the lives of people affected or infected with HIV/AIDS is bearing fruit. By strengthening community-based organisations (CBOs) and non-governmental organisations (NGOs) through the funding, we are providing them with the means to serve women and children affected or infected with HIV/AIDS more effectively.

To date, some 40 CBOs and NGOs focusing on HIV/AIDS in the southern region have been funded by Secure the Future. These funded projects have reached various stages of completion. The Secure the Future programme was recently expanded to include four countries in west Africa. Participating countries in this region are Mali, Senegal, Burkino Faso and Côte d' Ivoire.

Communities in areas where these projects are being implemented must be complimented for their commitment and their participation in joint strategies to provide care and support for those infected and affected by HIV/AIDS.

We encourage these organisations to document their approaches, lessons and challenges and to develop sustainability strategies.

It is crucial, therefore, that we make certain that these projects not only serve their immediate communities but are also replicated in other areas.

We have learnt from each other over the past three years. We thank you and the communities you serve for input, patience and partnership. For the Bristol-Myers Squibb Foundation, it is an honour and pride to have recognition through the hard work you are doing in the fight against HIV/AIDS.

The virus is dynamic and cunning and so must be our various but co-ordinated responses. On our side, we are committed to help you sharpen your weapons through initiatives such as PricewaterhouseCoopers pre-award survey, Monitoring and Evaluation training and Learning and Sharing conferences.

Together we can win this fight against AIDS.



*John Damonti: President,  
Bristol-Myers Squibb Foundation*

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## EVENTS

### SIBAMBISENE PARTICIPATES IN CANDLELIGHT MEMORIAL

Sibambisene participated in a Candlelight Memorial celebration on May 19, 2002 at Umkhanyakude Health District 27. The event, held at Jozini, in the northern part of KwaZulu-Natal, was organised by the national and provincial governments with assistance from Umkhanyakude Health District 27. The Candlelight Memorial is celebrated worldwide to remember those who died of HIV/AIDS. Dignitaries who attended included the national Minister of Health Dr Manto Tshabalala-Msimang, KwaZulu-Natal MEC of Health Dr Zweli Mkhize, His Majesty King Zwelithini, Mayor of Umkhanyakude Health District 27, Mr LM Mthombeni and Bristol-Myers Squibb Foundation Director of Community Outreach and Education Fund, Ms Phangisile Mtshali.

*Sibambisene has received R3,6 million from BMSF and SACBC for a comprehensive programme in Northern KwaZulu-Natal.*



### OR Tambo HIV/AIDS and Development Summit



*Executive Mayor of the OR Tambo District Municipality, Ms Capa and one of the cultural dancers at the reception dinner for the Summit*

Bambisanani, a Secure the Future funded community outreach programme, partnered with the OR Tambo District Municipality in the Eastern Cape to host an HIV/AIDS and Development Summit. The primary objective of the Summit was to address the fragmentation of strategies aimed at fighting the HIV/AIDS pandemic. It also addressed issues such as funding of NGOs/CBOs; learning and sharing best practices and formalising partnerships.

Phangisile Mtshali gave a presentation on the principles of partnership and funding from a donor's perspective.

The Summit took place from June 19 – 21, 2002 in Umtata and was attended by representatives from government, NGOs and CBOs as well as traditional leaders and healers and potential funders/partners.

## Secure the Future at AIDS Barcelona: XIV International AIDS Conference

The main goal of the Barcelona Conference was to ensure tangible benefits from knowledge gained from scientific AIDS research.

The Barcelona Framework will also highlight the following objectives:

- ✓ To maintain and increase the scientific quality of the meeting.
- ✓ To integrate science and action.
- ✓ To highlight prevention science.
- ✓ To highlight the burden of intravenous drug use in the pandemic.
- ✓ To facilitate participation from around the world, particularly the most affected areas such as sub-Saharan Africa, South and Southeast Asia, Eastern Europe and Latin America.

Seven of the Bristol-Myers Squibb Foundation Community Outreach and Education Fund grantees presented papers during "meet the expert session" at the conference:

- Peter Mangena** Stellenbosch AIDS Action: Community mobilisation – a total onslaught approach.
- Litha Klaas** Bambisanani: An integrated HBC approach in a rural setting.

**Kathleen Broderick** Grandparents Against Poverty & AIDS (GAPA): The Grandparents against Poverty and AIDS Project.

**One Tabengwa** Botswana Christian AIDS Intervention Programme (BOCAIP): A holistic counselling model.

**Mashudu Madadze** Centre for Positive Care: Integrating HBC, Prevention and community based research.

**Anneke Visser, Neo Chitombo and Regina Lesole** Coping Centre for People Living with HIV/AIDS: The Buddy Programme & Researching Stigma.

**Louise Robinson and Masentle Simela** Care Lesotho: Sexual Health & Rights Promotion (SHARP).

**Mark Decker** Secure the Future Technical Advisory Committee Member: Public/Private Sector partnerships against HIV/AIDS in southern Africa.

**Lucy Nthabiseng Makoae** Self-care symptom management for persons with HIV related diseases.

- ✓ Stellenbosch AIDS Action also participated in the Poster Exhibition during the conference.
- ✓ Grantees who presented expressed that the conference was successful and it was a learning experience.

### BOCAIP Conference

The Botswana Christian AIDS Intervention Programme (BOCAIP) hosted a conference, attended by more than 100 delegates representing different Christian denominations from all over Africa. The key outcome of the conference, held in Gaborone from 21 – 24 June 2002, was the formation of a Christian network to:

- ✓ Provide links between Christian AIDS agencies.
- ✓ Share expertise.
- ✓ Provide a place to give and find support.
- ✓ Create a channel for Christian HIV/AIDS initiatives for donors.
- ✓ Enable free flow of information between different HIV/AIDS networks.

# LEARNING AND SHARING – PROJECTS FUNDED BY BRISTOL-MYERS SQUIBB FOUNDATION – SECURE THE FUTURE

## Grandmothers Against Poverty and AIDS (GAPA)

Grandmothers Against Poverty and AIDS (GAPA) was formed as a result of an initiative by the Institute of Aging in Africa at the University of Cape Town to assess the situations of grandmothers who belong to families affected by AIDS in Khayelitsha, Cape Town. The project was in partnership with St Luke's Hospice; Wola Nani; Ikamva Labantu; South African Red Cross Society; Western Cape and Neighbourhood Old Age Home and funded by Bristol-Myers Squibb Foundation.

*"The role and contribution of grandmothers in the management of the HIV/AIDS epidemic should not be underestimated. Although grandmothers are stereotypically viewed as frail with age-related limitations, they are directly and invaluable involved in caring for AIDS infected and affected children and grandchildren. Thus there is an urgent need to further explore, expose and develop their capabilities in caring for family members living with HIV/AIDS, as well as a need to support the grandmothers in their role and tasks,"* the study found.

The aims of the intervention project are:

- ✓ Capacity building – Focusing on life and business skills training.
- ✓ Support group – Providing counselling and education about HIV/AIDS.

The project has brought hope to the lives of more than 60 grandmothers. The support group has provided them with the necessary life skills to deal with challenges related to the disease. It has equipped them to "Speak Out" about HIV/AIDS without fear and strengthens their relationship(s) with each other.

The grandmothers have also learnt some business skills to generate income that will assist in the day-to-day caring of their loved ones. They have learnt sewing, knitting, selling second hand clothes and making crafts. Secure the Future donated R15 000 from the grant to GAPA.

On May 24, 2002 GAPA opened a trading store in Mandela Park (Khayelitsha), Cape Town. Irvin & Johnson donated the structure of the store. The store will trade in second hand clothes and African crafts. With profits generated from this store as an income generating activity, the grandmothers will be able to buy food for their dependants and thus alleviate household poverty.



From left to right: Mr Bennie Nkwali (SANCO member from Mandela Park, Khayelitsha), Ms Nomakula Mrubata (Chairperson: GAPA), Mr Lionel Jacobs (Director: Irvin & Johnson (I&J)) who is cutting the ribbon, officially opening the trading store, Mr Trevor Broderick (Director: I&J), Phangisile Mtshali (Director: Bristol-Myers Squibb Foundation Community Outreach and Education Fund) and Ms Kathleen Broderick (Project Manager: GAPA)

## UCT Occupational Therapy – Promoting playfulness

The University of Cape Town's (UCT) Occupational Therapy Unit is a recipient of one of the research grants of the Bristol-Myers Squibb Foundation Community Outreach and Education Fund.

The primary aim of the grant was to promote playfulness in the child caregiver-child interaction. The focus is on mothers and children who are HIV positive.

The project co-ordinator Ms Elelwani Ramugondo was responding to the growing number of children who were admitted to hospital wards due to opportunistic diseases as a result of HIV/AIDS. Most of these children were inactive and depressed, showing effects of being deprived of enjoying their childhood by not playing enough. "Playing is the most important thing in a child's life. It is not only for the rich or those children who are not sick. Any child can enjoy playing," she says. One of her objectives is to ensure that these children live a life worth living.

Projects of Promoting Playfulness were implemented in three different sites in Inyanga, Cape Town. These projects were Masincedane Support Group, Full Gospel Welfare Support Group and Red Cross Society. They have attracted a total of 64 mothers who were given a 10-week training programme on:

- ✓ Exciting ways of encouraging their children to play.
- ✓ Best nutrition for children.
- ✓ How to make toys without really incurring costs.
- ✓ Income generating initiatives.

Progress on these projects is at different levels. Participants in the Masincedane Support Group recently received their certificates after successfully completing the training programme. One of the participants said, "I am so excited to receive this certificate. The support group has helped us in gaining confidence and hope. The training has brought sparkles in our children's faces. Some of the children were receiving treatment with very little improvement. Since receiving these skills of how to play with our children, one cannot believe the difference it has made."

The Full Gospel Welfare Support Group has moved into focusing on income generating activities. Some of these activities include making hand/shopping bags, cushions, HIV/AIDS beaded ribbons and sewing. Recently, they were asked to design uniforms for a church choir.

Red Cross Society is in the process of engaging in training on business skills. One of the opportunities that was identified is the making of marketable toys to supplement income.

"Overall, the project has impacted positively on the lives of mothers and children who participated. The mothers understand the spirit of play and the importance of allowing their children to play. All this would not have been possible without the intervention of Secure the Future by making funds available," said Ramugondo.

Ramugondo has presented this project at conferences in Europe as her peers view it as an innovative and effective intervention.

It is that time of the year again when we have to put on our thinking caps, look back at what we have achieved and how best we could share successes to promote and sustain the learning culture which is valued by Bristol-Myers Squibb Foundation.

Below is an abridged version of the 2002 Learning and Sharing Conference which will be taking place in Johannesburg from 25 – 28 November. The theme of the conference is “Capacity building for effective and sustainable programming in HIV/AIDS”.

#### ABRIDGED PROGRAMME: GRANTEE CONFERENCE 2002

##### MONDAY, 25 NOVEMBER 2002

13:00 – 17:00

14:00 – 17:00

Facilitators, chairpersons and presenters briefing  
Arrival at the conference  
Delegates & Registration  
Display of posters, Pamphlets and Other materials  
Welcome drinks and Introductions  
Welcome Dinner  
Welcome address – Bristol-Myers Squibb Company/Secure the Future  
Social Entertainment

17:00 – 18:00

18:30 – 21:00

##### TUESDAY, 26 NOVEMBER 2002

08:00 – 08:05

08:10 – 09:00

09:00 – 09:30

09:30 – 11:30

Plenary 1

Plenary 2

Plenary 3

Plenary 4

11:30 – 12:00

12:00 – 12:30

12:30 – 13:30

13:30 – 15:00

Panel 1

13:30 – 13:50

13:50 – 14:10

14:10 – 14:30

14:30 – 15:00

Panel 2

13:30 – 13:50

13:50 – 14:10

14:10 – 14:30

14:30 – 15:00

Panel 3

13:30 – 13:50

13:50 – 14:10

14:10 – 14:30

14:30 – 15:00

Panel 4

13:30 – 13:50

13:50 – 14:10

14:10 – 14:30

14:30 – 15:00

15:00 – 15:30

15:30 – 17:00

15:30 – 15:45

15:45 – 16:00

16:00 – 16:15

16:15 – 16:30

16:30 – 16:50

17:00 – 18:00

19:30 – 21:30

Opening Prayer & remarks  
Official Opening & Key Note Address – Integrating HIV/AIDS in Development planning  
Overview of the conference agenda and activities

#### Plenary presentations

HIV/AIDS – a dynamic enemy that calls for state of war strategies & tactics

The science of HIV/AIDS and the ordinary citizen's response

Monitoring and Evaluation as a tool in the fight against HIV/AIDS

Capacity building within a learning organisation context

#### TEA/COFFEE BREAK

Comments, questions

#### LUNCH BREAK

#### LEARNING AND SHARING AMONG OURSELVES

#### The role of NGOs/CBOs in supporting community based treatment options

When PLWAs take charge of their destiny – a buddy programme

Building counselling capacity

Perspectives from a National Association of People Living with HIV/AIDS

Comments, questions

#### From CBO to NGO – a journey of mentorship

Professionalising the CBOs sector – our case study

The value of volunteerism and networking in strengthening HIV/AIDS civil society response

BMSF Pilot Programme

Comments, questions

#### Measuring our interventions

SRHI – mid-term evaluation (HBC)

The value of monitoring in a multi-pronged programme

Creating learning organisations

Comments, questions

#### Community capacity building, the question of ownership

Communities as partners and facilitators of own development

Working with specific communities – The Baphalali experience

The ethos of developing people – non-negotiable factors

Comments, questions

#### TEA/COFFEE BREAK

Report back from parallel sessions

From CBO to NGO – a journey of mentorship

Community capacity building, the question of ownership

#### Measuring our interventions

The role NGOs/CBOs in supporting community based treatment options

Comments, questions

Posters and information display presentations

#### BRAAI

Opening Prayer & remarks

Word of encouragement

Review of day before and overview of the Conference Agenda and activities

#### SKILLS BUILDING SESSIONS

Project & finance management

Monitoring, evaluation and research in HIV/AIDS community based programmes

HIV/AIDS treatment and community based support

Organisational development & communication

#### LUNCH BREAK

#### Field visits

#### Formal dinner and entertainment

##### WEDNESDAY, 27 NOVEMBER 2002

08:00 – 08:05

08:05 – 08:15

08:45 – 08:55

09:30 – 13:15

Skills building 1

Skills building 2

Skills building 3

Skills building 4

13:15 – 14:00

14:00 – 17:00

19:30

Opening Prayer & remarks  
Word of encouragement  
Review of day before and overview of the Conference Agenda and activities

#### SKILLS BUILDING SESSIONS

Project & finance management

Monitoring, evaluation and research in HIV/AIDS community based programmes

HIV/AIDS treatment and community based support

Organisational development & communication

#### LUNCH BREAK

#### Field visits

#### Formal dinner and entertainment

##### THURSDAY, 28 NOVEMBER 2002

08:00 – 08:05

08:05 – 08:20

08:20 – 10:20

Round table 1

Round table 2

Round table 3

Round table 4

10:20 – 10:35

10:35 – 11:30

10:35 – 10:50

10:50 – 11:15

11:15 – 11:30

11:30 – 11:45

11:45 – 12:00

12:00 – 12:30

12:30

Opening Prayer & words of encouragement  
Review of the day's activities & Overview of the Day  
Round table Discussions

Sustainability

CBO/NGO and HIV policy

Community mobilisation/participation

Donor/Funder relations

#### TEA/COFFEE BREAK

#### Report back from round table discussions

Sustainability

CBO/NGO and HIV policies

Community mobilisation/participation

Donor/Funder relations

Comments, questions

#### Vote of thanks and closing

#### Lunch and departure

DID YOU ENJOY THIS NEWSLETTER?